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To Get The Most From Your Frequent Flier Miles, Book Business Or First Class

By: Andrew Bender

This article is based upon a report issued by IdeaWorksCompany

I don't know about you, but every time I redeem frequent flier miles for a plane ticket, I wonder whether I'm getting my money's worth. Or my non-money's worth, as it were.

Turns out that the biggest bang for sky-bucks comes from booking a first class ticket to a far-flung destination. That's the finding of a new study by Shorewood, WI-based IdeaWorks. It compared mileage needed to book a variety of flights and fare classes versus paid tickets. "The answer was clear," the study says. "Booking first class travel to Hawaii, Europe or Asia provides best value for redeeming frequent flier miles."

Essentially, the more expensive the paid ticket, the more each mile was worth toward it. Say a domestic economy class ticket costs \$362. If you redeem 25,000 miles to book it, each mile is worth 1.4 cents. On the other end of the scale, if you redeem 135,000 miles for an international first class ticket (paid value \$6,929), each mile is worth 5.1 cents.

"Because business and first class tickets are generally several times as expensive as economy tickets, it tends to be true that you get more value per mile when redeeming for awards in premium classes," says Eric Rosen, managing editor of ThePointsGuy.com.

One catch: The study called these tickets "the most challenging seats to find." During the research period in March 2013, researchers "began by seeking seats in the first half of October 2013. Oftentimes, the search continued from November to February until saver seats were found for London or Tokyo." (Saver seats require the fewest miles.) Seasoned frequent fliers book their tickets 11 months ahead, the study says.

The lesson for travelers: if you have a lot of mileage in your account, save it for a big trip, and book your travel as early as possible.

IdeaWorks, a consulting firm specializing in airline industry revenue, based its calculations on United Airlines' MileagePlus program. IdeaWorks president Jay Sorensen says it's the industry's largest frequent flier program and "the competitive landscape has made all reward charts very similar, especially in the U.S." United has two types of awards for frequent flier tickets: saver awards, which require the fewest miles but have limited seat availability, and standard awards, which require more miles but have greater availability. United also allows passengers to use mileage to upgrade, though often with additional fees, and to redeem miles for goods and services. Click on the graphics to see the complete results.

Premium class rewards are shown in red Merchandise Rewards \$0.007 Hotel Night Rewards \$0.008 Intercontinental - Standard Reward \$0.010 US Domestic - Standard Reward \$0.011 Car Rental Rewards \$0.011 Hawaii - Standard Reward \$0.012 US Domestic - Saver Reward \$0.014 Hawaii - Saver Reward \$0.018 Intercontinental - Saver Reward \$0.018 Intercontinental - Business Standard \$0.019 US Domestic - Upgrade to First \$0.021 US Domestic - First Standard Hawaii - First Standard US Domestic - First Saver Intercontinental - First Standard Hawaii - First Saver \$0.040 Hawaii - Upgrade to First \$0.041 Intercontinental - Business Saver \$0.045 Intercontinental - First Saver \$0.051 Intercontinental - Business Upgrade \$0.054 \$0.010 \$0.020 \$0.030 \$0.040 \$0.050 \$0.060

Chart I: Mileage Value by Mileage Plus Reward Category

Source: IdeaWorksComany reward and fare queries conducted 17 July 2013 for October, 2013 to February 2014 travel dates.

"The same valuations might not be true with Delta, for example," notes Brian Kelly, the Points Guy. "That airline tends to make their premium awards exponentially more expensive than redeeming for coach in many cases." Other frequent flier programs, such as Southwest's, aren't based on mileage but on amount spent with the airline.

| Туре | Cabin Class | Region | Mileage Level | Average Fare (less fees and taxes) | Mileage Value |
|----------------------------------|-------------|------------------|--|------------------------------------|---------------|
| Saver Rewards | Economy | US Domestic | 25,000 | \$362 | \$0.014 |
| | | US – Hawaii | 40,000 | \$703 | \$0.018 |
| | | Intercontinental | 60,000 to 65,000 | \$1,118 | \$0.018 |
| | Business | Intercontinental | 100,000 to 120,000 | \$4,904 | \$0.045 |
| | First | US Domestic | 50,000 | \$1,363 | \$0.027 |
| | | US – Hawaii | 80,000 | \$3,203 | \$0.040 |
| | | Intercontinental | 135,000 | \$6,929 | \$0.051 |
| Standard Rewards | Economy | US Domestic | 50,000 | \$558 | \$0.011 |
| | | US – Hawaii | 80,000 | \$947 | \$0.012 |
| | | Intercontinental | 110,000 to 130,000 | \$1,226 | \$0.010 |
| | Business | Intercontinental | 250,000 to 300,000 | \$5,268 | \$0.019 |
| | First | US Domestic | 100,000 | \$2,482 | \$0.025 |
| | | US – Hawaii | 160,000 | \$4,091 | \$0.026 |
| | | Intercontinental | 295,000 to 320,000 | \$10,536 | \$0.034 |
| Confirmed Upgrade Rewards* | First | US Domestic | 40,000 + \$150 fee | \$854 net savings | \$0.021 |
| | | US - Hawaii | 55,000 + \$250 fee | \$1,634 net savings | \$0.041 |
| | Business | Intercontinental | 40,000 + \$1,100 fee 60,000 + \$1,200 fee | \$2,158 net savings | \$0.054 |

Source: IdeaWorksCompany reward and fare queries conducted 17 July 2013 for October, 2013 to February 2014 travel dates. * Note, upgrade mileage levels and co-pays were those observed for booking queries.

Although international and premium class tickets may be the best value, Rosen says that deals are still possible even at the lowest-tier 25,000 miles for domestic economy class. Before booking, he advises passengers to "calculate your per-mile value by dividing the price of the fare over the number of miles you have to redeem for it." If the purchase price is \$900, then each mile is worth a decent 3.6 cents; at \$250 a ticket, each mile would be worth a mere penny.